

"Family Matters"



**North Carolina Disciple
Summer Retreat for
Men, Women & Families
August 12, 2023
9-4
First Christian Church
2320 Country Club Rd.
Winston Salem, NC**



Come Enjoy

- Meaningful Mission Trip
- Animated Panel Discussion (Led By Area Pastors/Leaders)
- Powerful Worship & Preaching by Rev. Dara Cobb Lewis
- Fun & Fellowship

Adult Registration and lunch \$25, Children and Youth lunch \$15, (No Registration Fee for Children/Youth)

NAME: _____

ADDRESS: _____

CITY/ZIP: _____

PHONE: (____) - ____ - ____ EMAIL: _____

CHURCH: _____ First Time/Retreat? _____

Youth yes _____ no _____ Age _____

Amount Enclosed \$ _____ Dietary Exceptions: _____

Make checks payable to CCNC & return form to:

Christian Church in N.C.

PO Box 1568

Wilson, NC 27894

Attention: A Summer Retreat/NCDWM

Deadline: July 26, 2023 (must be IN the Regional Office, not postmarked)

You may also register online:

https://www.aplos.com/aws/events/2023_nc_disciple_summer_retreat_for_men_women_and_families

Dear Friends,

This year, our summer retreat will be a one day gathering at First Christian in Winston Salem on Aug.12. Our theme this year is "Family Matters." Men, women and families are welcome! We will meet from 9 am to 10 am for a short devotion, announcements and brief business. Then we will all prepare to leave the church to serve at one of two mission projects with the New Communion Food Truck or with Annie's Hope. We will return to First Christian for lunch at 12:30. In the afternoon, we will have a conversation led by area leaders on how our local churches can reimagine ways to heal some of the problems confronting families in our own communities. This will culminate in worship and a powerful word from our preacher for the day, Rev. Dara Cobb Lewis.

We will close with a tradition treasured by our group-the famous Basket Party! This year, we are also asking that items be brought for the two ministries we are serving that day. A specific list is included on the registration and below. You may choose items from one ministry or both. Our retreat will end at 4 pm. We hope you will join us on Aug. 12 for meaningful service, creative conversations about how to reach out to families, powerful worship, and refreshing fellowship and fun! **Registration will be offered by mail or online. Our deadline to register is July 26.** See this link <https://ncdisciples.org/2023/06/13/2023-nc-disciple-summer-retreat-for-men-women-and-fam> . If you have any questions, please contact Claretta Witherspoon (336-314-6418) or Penny Ziemer (919-920-4192).



Rev. Dr. Dara Cobb Lewis
Retreat Preacher

Rev. Dr. Dara Cobb Lewis is a Certified Pastoral Counselor and a Spiritual Health Coach.

Dr. Dara has served as the Regional Minister of the Christian Church (Disciples of Christ) in South Carolina. Through her ministry, The Devoted Life, she finds great joy in helping others find shalom (the peace and wholeness that God has in store for each of us).



Rev. David Harrison
Mission Leader for New Communion

Rev. David Harrison serves as Senior Pastor For First Christian Church, Winston-Salem, NC, Home of New Communion Food Ministry.



Rev. Abby Catoe
Mission Leader for *Annie's Hope*

Rev. Abby Catoe serves as pastor of First Christian Church of Walnut Cove. Rev. Abby is also the founder and director of *Annie's Hope*.



New Communion
Food Ministry

New Communion Food Ministry
10:30-12:30 (5 will go to food desert with
Rev. Harrison)



Annie's Hope Center for Growing and Healing
10:30-12:30 (Remainder will do mission
projects at Annie's Hope)
www.annieshopecenternc.org

Donate Items for Either Ministry (OR BOTH)

New Communion Food Ministry **(Rev. David Harrison)**

- Rice--White
- Peanut Butter and Jelly
- Oatmeal or Grits
- Raman Noodles, multiple flavors
- Soups, large and small cans
- Pasta---all shapes and sizes, whole wheat and regular, gluten free as well
- Pasta Sauce-- meat or no meat
- Broth and Stock-- chicken, beef, vegetarian
- Canned Vegetables---low sodium as well
- Canned Fruit in fruit juice, no fruit cocktail
- Dried Beans/ Canned Beans of various types
- Canned Tuna and Canned Chicken (in water, not oil)

Annie's Hope, Center for Growing and Healing **(Rev. Abby Catoe)**

- Paper towels
- Toilet paper
- Laundry supplies

The Famous Basket Party **Quilt Tickets and Just Women Also Available**

